



Psychopolis –Psych-health Care Center  
*You Are Not Alone*

## **PERSONAL LIFE COACHING PACKAGES AND PRICES**

Coaching is an investment you make in yourself to create the life you truly want. Each of the following packages includes a Welcome Packet with materials designed to get you off to a strong start. Throughout coaching, you'll receive additional materials and assessments based on your particular situation.

**For extra inpatient treatment daily fees in nwaibaa recovery camp Coast 50 \$ usd Daily to be paid in cash if detoxification or Behavioral or Balancing period Needed**

### **MINIMAL PACKAGE**

- One-on-one coaching—private life coaching .
- 4 scheduled one hour sessions per month.+ daily email
- Very suitable for individuals whose funds are limited and who are self-starters.
- \$300 per month. (Suitable for minimum risk - career - relation dysfunction - stress - anxiety )
- Initial 3-month commitment is preferred to encourage your success, but not a requirement.
- Start-up clients who choose to pay for three months of coaching up front receive a 5% discount.

### **MINIMAL PLUS PACKAGE**

- One-on-one coaching—private life coaching sessions. 4 scheduled 60-minute sessions per month.+ 2 sessions by phone 30 minutes each + daily inspiration email + psychometry test
- This package speeds up your drive and motivation for results on your goals. Between-sessions short email support of encouragement and touch base — when you need it.
- \$435 per month. ( suitable for sleep disorders - anxiety - depression - anger - violance and life style balance - trauma - Grief )
- Initial 3-month commitment is preferred to encourage your success, but not a requirement.
- Start-up Plus clients who choose to pay for three months of coaching up front receive a 5% discount.

### **FAST TRACK PACKAGE**

- One-on-one coaching—private life coaching sessions.
- Get twice as much time with your coach as the Start-Up package.
  - 4 scheduled 60 minutes sessions per month.
  - + 4 hours of therapy divided by 4 sessions + daily email + 2 tests
  - Unlimited e-mail content
  - you are in title of 3 calls a week not more then 15 minutes each
- This is the package for individuals who want maximum results on goals and on their time and personal growth and development.
  - Impromptus to email support, inspiration and acknowledgment.
- \$600 per month. Is good for food disorders – addiction follow ups – family therapy – severe disorder
- Initial 3-month commitment is required to encourage your success,.
- Fast Track clients who choose to pay for three months of coaching up front receive a 8% discount.



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### **FAST TRACK PLUS PACKAGE**

- One-on-one coaching—private life coaching sessions.
- Get more time and valuable input with your coach as the Fast Track package.
- 4 scheduled one full hour sessions per month + 4 sessions of 1 hours of therapy .
  - Drug test 4 to 6 times a month
- 5 phone calls up to 10 minutes a day or up on needed
  - Unlimited e-mail content
  - Unlimited email support!
- This is the package for individuals who want exclusive support from their coach and who to get exceptional results in the life.**
- \$700 per month. Good for drug addiction – alcoholism – sex addiction – multiple addiction – gambling – severe teen troubled client – outpatient Program**  
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- Initial 3-month commitment is required to encourage your success. • \*\*\*Fast Track Plus clients who choose to pay for three months of coaching up front receive a 10% discount.  
Coaching is truly the most personal investment you can ever make to yourself to change where you are right now and get to where you want to be. Throughout the coaching process, you'll receive additional tips, tools and strategies and regular feedback and assessment based on your situation.

### **PAYMENT**

All prices are in U.S. dollars. Payment is due before coaching begins. You can pay by check, bank transfer , cash or through western union a transfer payment into my bank account. Details will be provided on sign up. Payments must be made in full before coaching begins. ( three month in advance )

*You Are Not Alone We Will Be Your Partner In Recovery*

*Mohamed Hamza*  
*Life Coach / Counselor*